FREEMOTION

CATÁLOGO 2026



AKABA

FREEMOTION + iFIT



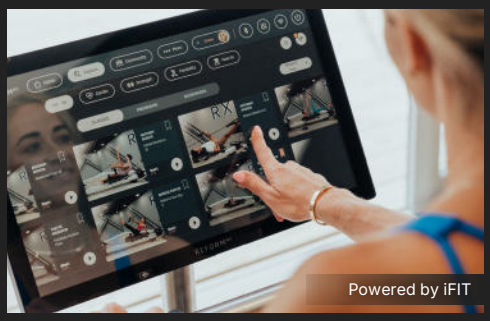
NordicTrack *Ultra 1*

Reform RX-S

Engineered to provide clients with world-class experiences, the Ultra 1 Reform RX-S makes reformer Pilates more accessible across a variety of commercial settings. Its compact design fits seamlessly into hospitality, multi-unit housing, and high-volume gyms, while still offering robust programming flexibility through rear loading poggles and a 7-lock point footbar. With push-button technology and screen integration, it maximizes consistency and member engagement.



Ultra 1 Reform RX-S





ENCLOSED-SPRING SOLID SPINE

Engineered for high-traffic gym floors, this enclosed design helps reduce potential “pinch points” and snagging hazards. It provides a clean, professional aesthetic while increasing equipment longevity.

SMART SPINE™ REAL TIME FEEDBACK

Deliver a data-driven experience with real-time tracking of watts, power output, and resistance levels. Provides members the measurable feedback they need to stay engaged and retained.

MULTI-POSITION FOOTBAR

7-position traveling footbar adapts to every exercise and user height for truly personalized practice.

TILTING 24” HD TOUCHSCREEN

Log in to iFIT, stream classes, and track progress with a bright, responsive screen.

ERGONOMIC CARRIAGE HANDLES & REAR POGGLES

Built-in handles and rear poggles enhance comfort, stability, and movement variety.

143 LBS (65KG) PEAK RESISTANCE

Industry-leading resistance range allows a single machine to serve elite athletes and low-impact recovery clients alike.

ACCESORIES

Accessories Package - Model S

Grips

Head Support

Reform RX Subscription_Commercial - 1 year

Reform RX Subscription_Commercial - 3 year

Reform RX Subscription_Commercial - 5 year

Specifications

Display Type	24 in (61 cm) full color capacitive touch display (Xenon 1.0)(Tilt)
Number of Programs	300+
Workout Metrics	Watts, force, velocity, calories burned, heart rate and power output
Carriage Material	Antimicrobial Vinyl
Built in handles/grips	4 - 1 grip on each corner of carriage
Extrusion Frame Material	Aluminum
Footbar Positions	7 positions
Strap type	Dual-loop design for hand and foot placement
Strap Adjustments/ Cable Management	Retracts via pulley to remove slack
Additional Foot Strap	Yes
Speakers	2 Integrated rear speakers
Safety Features	Enclosed springs, no gulley, push-botton resistance, carriage must dock to change resistance
Height Accessibility	4’10” – 6’7” (1.5m - 2.0 m)
Smart Spine	Time of flight sensors
Color Options	Midnight black
Included Accessories	No
Jumpboard Included/Optional	Optional
Maximum User Weight	375 lbs (170 kg)
Max Resistance Load	143 lbs (65 kg)
Resistance Levels	4 levels: 22–143 lbs (10-65 kg) Green button - 22 lbs (10 kg) Blue button - 33 lbs (15 kg) Red button - 44 lbs (20 kg) White button - 44 lbs (20 kg)
Product Dimensions (L x W x H)	118.3 × 27.5 × 15.5 in (300.4 × 70 × 39.3 cm)
Product Weight	224 lbs (101.6 kg)
Power Requirements	U.S. & Canada 15 Amp, dedicated circuit International 10 Amp, dedicated circuit
Warranties US, Canada & International	5 years - Frame 12 months - Tablet 12 months - Components

#NTL99925-1FME
#NTL99925-1FWE



ULTRA 1 TREADMILL
(Maple Brass 120V)

ULTRA 1 TREADMILL
(Walnut Black 120V)





Light Maple



Dark Walnut



PRODUCT FEATURES

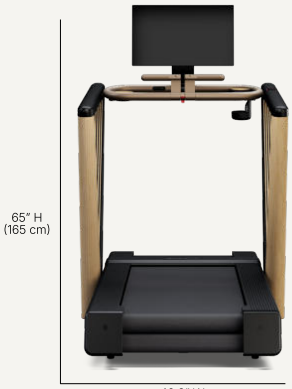
Crafted to complement any space while commanding attention, Ultra 1's luxurious design radiates quality and exclusivity.

Inspired by nature and crafted from the finest materials, Ultra 1 belongs in exquisite living spaces. Each design choice was picked to beautifully combine form and function. Premium hardwoods, brass controls, wood louvers, metal knurling, warm lighting on the deck.

Take in the stunning details of every iFIT outdoor workout (1-year membership included with purchase) on an immersive, high-definition 24" display. The touchscreen pulls you into workouts filmed around the world. To the peaks of Kilimanjaro, the city streets of Kyoto, the beaches of Seychelles, and more. Step off Ultra 1, turn the screen, and continue trainer-led yoga, strength, Pilates, and more.

The high-fidelity speaker array surrounds you with immersive nature sounds and dynamic music, elevating your experience and keeping you motivated.

Powerful fans auto-adjust to your workout intensity, keeping you cool from head to toe while simulating the sensation of running outdoors.

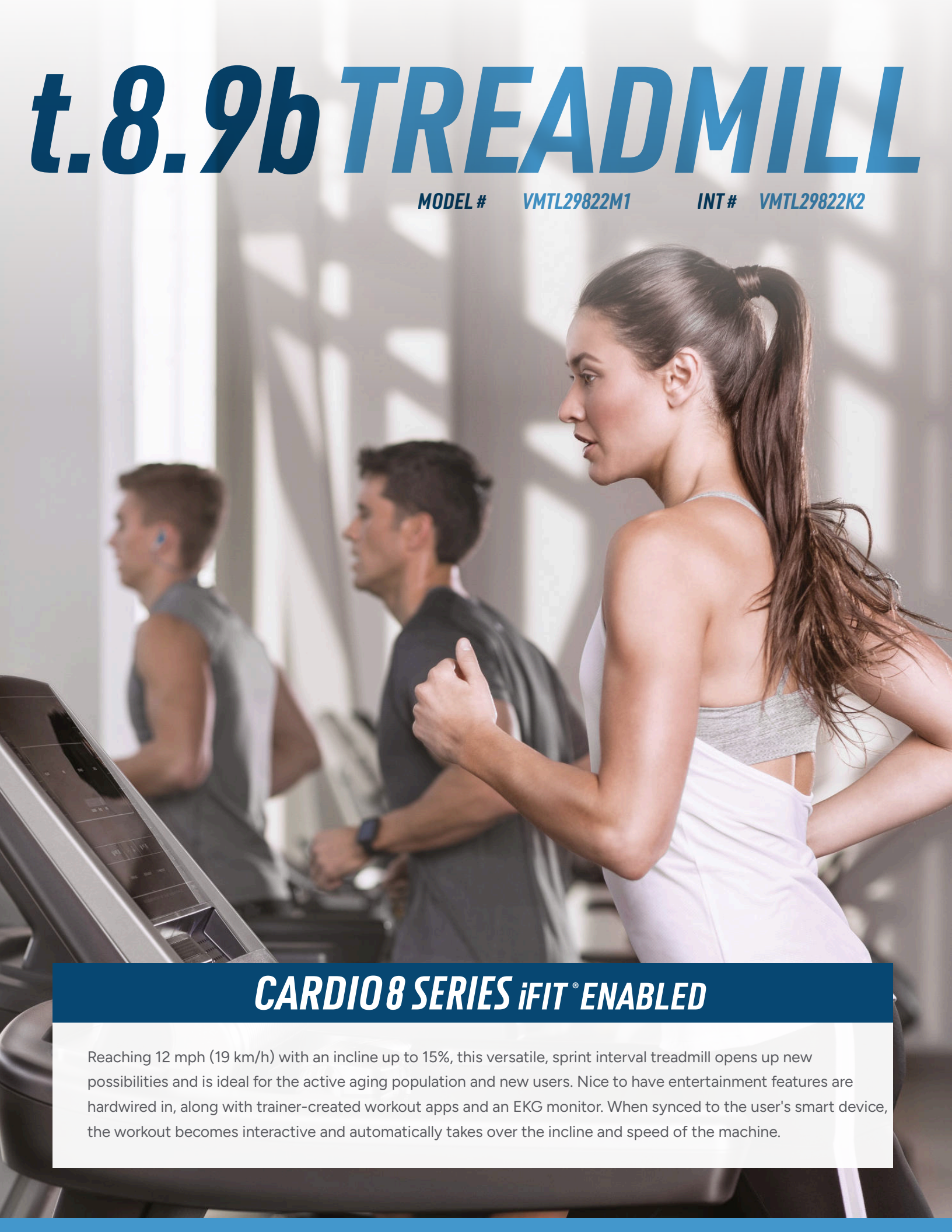






t.8.9b TREADMILL

MODEL # VMTL29822M1 **INT #** VMTL29822K2



CARDIO 8 SERIES iFIT® ENABLED

Reaching 12 mph (19 km/h) with an incline up to 15%, this versatile, sprint interval treadmill opens up new possibilities and is ideal for the active aging population and new users. Nice to have entertainment features are hardwired in, along with trainer-created workout apps and an EKG monitor. When synced to the user's smart device, the workout becomes interactive and automatically takes over the incline and speed of the machine.

FREEMOTION

iFIT





t.8.9b TREADMILL

PRODUCT FEATURES

1-STEP™ CONTROLS
Get instant response and immediate action with easy to understand, 1-STEP™ Controls. The easy read and accessible controls are made for personal trainers and HIIT workout classes.

FIT®i SYNC
Users sync their smart device to the machine to create an interactive workout experience. With over 16,000+ workouts *fi*lmed on-location throughout the world, iFIT® Sync creates a hands-o*ff* solution where the machine's incline and speed is controlled by the on-screen workout and iFIT® trainer.

SIMPLIFIED USER INTERFACE
Get all the workout information you need in one place. Easy-to-read results lets you know what you've accomplished during the workout.

4.0 HP AC COMMERCIAL DRIVE
This high-torque, brush-less AC speed motor is dynamically spin-balanced and extensively tested for superior performance in vibration and noise—making it the performance motor of choice.

0 - 15% INCLINE CONTROL
Incline controls make it simple to change the incline to reduce impact on joints, burn more calories and add workout variety.

SET A GOAL WORKOUT CENTER
Stick to your goals. Enter your desired worked out time, how far you want to go or how many calories you want to burn and the machine won't stop until you've reached your workout goal.

PRESET PROGRAMS
4 Weight Loss, 4 Heart Rate, 4 Speed Interval, 2 Race Training, 4 Incline Fitness Tests- Army, Navy, USMC, USAF, WFI, Bruce, Gerkin, PEB

PERSONAL ENTERTAINMENT
Entertainment capabilities make the workout experience even better. Add an optional 15.6 in (39 cm) Personal HDTV Screen.

SPECIFICATIONS

Drive Motor	4.0 HP AC Commercial Drive Motor
Deck /Running Surface	2-Sided Cushioned Deck 21.5 x 60 in (54 x 152 cm)
Elevation System	0% to +15% incline
Display Type	Simplified User Interface
Controls	1-STEP™ Incline Controls 1-STEP™ Speed Controls
Electronic Readouts	Speed, Time, Incline, Distance, Vertical Feet, Pace, Calories Burned, Calories Burned Per Hour and Heart Rate.
Heart Rate Monitoring	Dual Grip Pulse Sensors/ Polar® Wireless receiver
Step-up Height	6.7 in (17 cm)
Speed Range	0-12 mph (0-19 km/h)
Max User Weight	400 lbs (182 kg)
Machine Dimensions (L x W x H)	81 x 36 x 60 in (205.7 x 91.4 x 152.4 cm)
Machine Weight	358.7 lbs (162.7 kg)
Shipping Dimensions (L x W x H)	90.5 x 42.1 x 18.9 in (229.8 x 106.9 x 48 cm)
Shipping Weight	433.5 lbs (196.6 kg)
Power Requirements US & Canada/International	120 VAC, 20 Amp 220-230 VAC, 10 Amp
Regulatory Approvals	cTUVus, FCC/IC, BQB

OPTIONAL
- 15.6 in (39 cm) HD Personal TV
- 900/800 MHz receiver (MYE900RCVR)



FREEMOTION + iFIT

8 SERIES

FREEMOTION + iFIT

8 SERIES



MODEL // **FMIC0826**

b8 COACHBIKE

The b8 CoachBike and the iFIT Train Membership boast technology that puts results within reach. iFIT tracks performance and automatically changes the 20% incline to -10% decline range, and 24 resistance levels to exactly what your members need, so every workout is personalized. The Silent Magnetic Resistance™ offers a smooth and quiet pedal rotation for a realistic cycling experience, so they get a great workout in while keeping your gym's noise down.

FREEMOTION + iFIT



b8 COACHBIKE

POWERED BY IFIT
iFIT brings its roster of iFIT Trainers and over 10,000 smart workouts and personalizes them to your community's goals.

ULTIMATE TRAINING VARIETY
24 levels of digital resistance deliver the right workout for your riders. From recovery to high intensity, they can choose the digital resistance they need to match their goals.

TRAIN FOR THE UPS AND DOWNS OF REAL-WORLD TERRAIN
20% incline to -10% decline supports users', plans goals and training plan. Train for a 20-miler, century ride, steep hills, and more. The large decline to incline range helps target more muscle groups to train the body for sprints, climbs, endurance rides, and more.

STAY COOL IN TOUGH MOMENTS
Your riders can stay cool throughout their workout with a conveniently-located 3-speed fan, or they can select the AutoBreeze™ feature and enjoy a variable flow that responds to their pace.

RESISTANCE & INCLINE SHORTCUTS
Quickly change resistance and incline by tapping the preset shortcuts on the display.

SMARTADJUST™
The bike automatically matches the resistance of the iFIT workout. SmartAdjust™ takes it further and personalizes each workout to a rider's fitness level based on in-workout adjustments they make.

2 SIDED PEDALS WITH SPD TOE CLIPS + STRAPS
Click in with your cycling cleats or slip in with your workout shoes. Stay secure and comfortable through every ride.

EASY TO MOVE
Maximize your space with the front-mounted transport wheels that make it easy to move the bike.

ON-THE-GO CHARGING
Convenient USB-C charging port for users to power their devices while working out.

STREAMING SERVICES
With iFIT, you have access to streaming services directly on the 24" HD touchscreen. Pivot and tilt the screen for the perfect viewing angle, and work out to your favorite movies, shows, and music.

HEALTH DATA IN ONE PLACE
iFIT syncs with Strava, Garmin, and Apple Health, so your community can store all of their fitness data in one place.

SPECIFICATIONS

Display Type	24 in / 61 cm High-Definition Capacitive Touchscreen
Controls	Integrated Quick Touch Handle Controls, Touch-screen Controls
Workout Metrics	Speed, Incline, Distance, Vertical Meters, Calories, Calories/Hour, Heart Rate, Average Heart Rate, Pace, Elapsed Time, Time Remaining, Time of Day
Number of Programs	Thousands of Global Workouts and Studio Classes with iFIT
Preset Programs	Limitless iFIT Training Options
Google Maps	Enabled
Ethernet Requirements	Cat 6 Preferred (Cat 5e or higher required)
WiFi Connection	2.4 / 5 GHz (Dedicated Ethernet Strongly Recommended)
WiFi Requirements	Dedicated 10 Mbps for Each Machine
Audio Connections	Bluetooth Compatible
Pedals	2 Sided Pedals With SPD Toe Clips and Straps
Resistance System	SMR™ Silent Magnetic Resistance
Elevation System	Digital Incline Control (-10% To 20% Grade)
Emergency Stop	Yes
Heart Rate Monitoring	Bluetooth heart rate monitor connectivity
Workout Fan	Fan with AutoBreeze
Accessory Charging	USB-C Charging Port
Accessory Holder(s)	Handlebar accessory tray
Frame	Steel
Seat	Ergonomic Padded Saddle
Transport Wheels	Front-mounted
Unit Options	Imperial or metric
Maximum User Weight	350 lbs /169 kg
Flywheel Weight	17.91" Alum, 3.4 lbs, 14.23" Steel Hub 27.7 lbs
Resistance Levels	24 Levels
Product Dimensions L x W x H	56.43 x 21.77 x 65.12 in 143.33 x 55.3 x 165.4 cm
Product Weight	180 lbs / 81.5 kg
Shipping Dimensions L x W x H	51.6 x 22.4 x 34.7 in 131 x 57 x 88 cm
Shipping Weight	205 lbs / 93 kg
Power Requirements U.S. & Canada International	Input 110~240V, Output 15V 3A
Warranties	Frame || 7 Years Parts & Console || 3 Years Labor || 3 Years Cosmetic & Wear || 6 Months

FREEMOTION + iFIT

8 SERIES



MODEL // **FMIT0826**

i8 INCLINE TRAINER

The Freemotion i8 Incline Trainer delivers commercial performance in a space-efficient design. Its dynamic -6% decline to 40% incline range engages more muscle and builds whole-body endurance, while iFIT technology personalizes every session with automatic incline and speed adjustments for hands-free, results-driven training. The SpringFlex™ cushioned deck absorbs impact and provides stability so users can push for more.

FREEMOTION + iFIT



8 INCLINE TRAINER

POWERED BY iFIT
iFIT brings its roster of iFIT Trainers and over 10,000 smart workouts and personalizes them to exercisers' goals.

TRAINING VARIETY WITH 0 -12 MPH
Run up to 12 MPH (5-minute-mile pace) with all the power you need from a 4.25 CHP motor.

SPRINGFLEX™ CUSHIONING
SpringFlex™ Cushioning absorbs impact and provides stability to help you push for more in your training.

PIVOTING 24" HD TOUCHSCREEN
Turn the screen to keep eyes on your workout. Follow expert iFIT Trainers in workouts off the treadmill, including strength, yoga, HIIT, and more.

SMARTADJUST™
The i8 automatically matches the incline, decline, and speed of the iFIT workout. SmartAdjust™ takes it further and personalizes each workout to your fitness level based on adjustments you make.

40% INCLINE TO -6% DECLINE
40% incline to -6% decline supports your goals and training plans. Train for a 5K, marathon, long hikes, and more. The large incline to decline range helps you target more muscle groups to train your body to walk, jog, hike, and run for a variety of distance and elevation goals.

SPEED & INCLINE SHORTCUTS
Quickly change speed and incline by tapping the preset shortcuts on the display.

HEALTH DATA IN ONE PLACE
iFIT syncs with Strava, Garmin, and Apple Health, so your users can store all of their fitness data in one place.

STREAMING SERVICES
With iFIT, you have access to streaming services directly on the 24" HD touchscreen. Pivot and tilt the screen for the perfect viewing angle, or work out with your favorite movies, shows, and music.

STAY COOL IN TOUGH MOMENTS
Users can stay cool throughout their workout with a conveniently-located 3-speed fan, or they can select the AutoBreeze™ feature and enjoy a variable flow that responds to their pace.

ON-THE-GO CHARGING
Convenient USB-C charging port to power devices while working out.

SPECIFICATIONS

Display Type	24 in / 61 cm High-Definition Capacitive Touchscreen
Controls	Touchscreen, On-screen speed & incline shortcuts, Tactile speed & incline shortcuts
Workout Metrics	Speed, Incline, Distance, Vertical Meters, Calories, Calories/Hour, Heart Rate, Average Heart Rate, Pace, Elapsed Time, Time Remaining, Time Of Day
Number of Programs	Thousands of Global Workouts and Studio Classes with iFIT
Preset Programs	Limitless iFIT Training Options
Google Maps	Enabled
Content Languages	EN, CH, NL, FR, DE, IT, NW, RU, SP, PT
Connectivity	Ethernet or Wifi minimum: 10 Mbps per unit (Dedicated Ethernet recommended)
Audio Connections	Bluetooth Compatible
Drive Motor	4.25 CHP, 28.4 KV, Balanced
Deck	3/4" MDF, Black Phenolic - 2 sided, Spring flex Cushioning
Belt	22 x 60 in / 55.9 x 152 cm, 1 Ply, Quiet
Elevation System	-6% decline to +40% incline
Heart Rate Monitoring	Bluetooth heart rate monitor connectivity
Workout Fan	Fan with AutoBreeze
Accessory Charging	USB-C Charging Port
Transport Wheels	Front-mounted Transport Wheels
Unit Options	Imperial or metric
Maximum User Weight	400 lb / 181 kg
Step-up Height	13.66 in / 34.7 cm
Speed Range	0-12 mph / 0-19.3 kmh
Product Dimensions L x W x H	73.3 x 38.1 x 69.9 in 186.2 x 96.8 x 177.5 cm
Product Weight	343 lbs / 155.5 cm
Shipping Dimensions L x W x H	77 x 42 x 34 in 195.6 x 106.7 x 85.6 cm
Shipping Weight	445 lbs / 201.9 kg
Power Requirements U.S. & Canada	110-120 VAC, 15 Amp, Dedicated Circuit
Power Requirements International	220-240 VAC, 10 Amp, Dedicated Circuit
Warranties	Frame, Drive Motor || 7 Years Parts, Console, Labor || 3 Years International Labor || 1 Year Cosmetic & Wear || 6 Months

FREEMOTION + iFIT

8 SERIES



MODEL // **FMRW0826**

r8 ROWER

The r8 Rower and the iFIT Train Membership's workout technology put results within your community's reach. iFIT tracks performance and automatically changes the 26 resistance levels to exactly what your users need, so every workout is personalized to them. The Silent Magnetic Resistance™ offers a smooth and quiet rowing experience designed for a fluid full-body workout

FREEMOTION + iFIT



8 ROWER

POWERED BY iFIT
iFIT brings its roster of iFIT Trainers and over 10,000 smart workouts and personalizes them to users' goals.

ULTIMATE TRAINING VARIETY
26 levels of digital resistance deliver the right workout. From recovery to high intensity, users can choose the digital resistance they need to match their goals.

PIVOTING 24" TOUCHSCREEN
The pivoting 24" touchscreen allows you to turn the screen so you can always see your workout. Follow expert iFIT Trainers in workouts off the rower, including strength, yoga, HIIT, and more.

ERGONOMIC-FORWARD FEATURES
Stay comfortable from start to finish with an ergonomic seat, soft grip handles, and wide foot pedals that pivot with your rowing motion.

EASY TO MOVE
Maximize your space with the front-mounted transport wheels that make it easy to move the rower.

SMARTADJUST™
The r8 automatically matches the resistance of the iFIT workout. SmartAdjust™ takes it further and personalizes each workout to a rower's fitness level based on in-workout adjustments they make.

STREAMING SERVICES
With iFIT, you have access to streaming services directly on the 24" HD touchscreen. Pivot and tilt the screen for the perfect viewing angle, and work out to your favorite movies, shows, and music.

CHART A COURSE
Powered by iFIT, Google Maps™ lets users map a route of waterways around the world as iFIT automatically adjusts the machine's resistance.

HEALTH DATA IN ONE PLACE
iFIT syncs with Strava, Garmin, and Apple Health, so your community can store all of their fitness data in one place.

ON-THE-GO CHARGING
Convenient USB-C charging port for users to power their devices while working out.

SPECIFICATIONS

Display Type	24 in / 61 cm High-Definition Capacitive Touchscreen
Resolution	1080p
Controls	Touchscreen, Precision Quick Speed Controls
Workout Metrics	Watts, strokes per minute, total strokes, time, calories, distance, 500 m split
Number of Programs	Thousands of Global Workouts and Studio Classes with iFIT
Preset Programs	Limitless iFIT Training Options
Google Maps	Enabled
Console Language(s)	English
Featured Languages	EN, DE, ES, FR, IT, PT, NL, CH
Additional Options	Quick-start Manual Mode
Recommended Internet Connection	Dedicated Ethernet - Cat 6
Ethernet Requirements	Cat 6 Preferred (Cat 5e or higher required)
WiFi Connection	2.4 / 5 GHz (Dedicated Ethernet Strongly Recommended)
WiFi Requirements	Dedicated 10 Mbps
Audio Connections	Bluetooth Compatible
Pedals	Oversized pivoting pedals with adjustable nylon foot straps
Resistance System	SMR Silent Magnetic Resistance
Heart Rate Monitoring	Bluetooth heart rate monitor connectivity
Workout Fan	No Fan
Accessory Charging	USB-C Charging Port
Grips	Soft touch ergonomic handle
Transport Wheels	Front mounted transport wheels
Unit Options	Imperial or metric
Power Options	10-120 VAC, 3 Amp 220-240 VAC, 1.5 Amp
Maximum User Weight	350 lbs / 158.7 kg
Resistance Levels	27 levels
Product Dimensions L x W x H	80 x 21.8 x 52.7 in 203 x 55 x 159 cm
Product Weight	136 lbs / 61.5 kg
Shipping Dimensions L x W x H	83 x 10 x 34.5 in 37.5 x 4.5 x 15.5 cm
Shipping Weight	158 lbs / 71.5 kg
Power Requirements U.S. & Canada	110-120 VAC, 15 Amp, Dedicated Circuit
Power Requirements International	220-240 VAC, 10 Amp, Dedicated Circuit
Warranties	Frame || 7 Years Parts & Console || 3 Years Labor || 3 Years Cosmetic & Wear || 6 Months

FREEMOTION + iFIT

8 SERIES



MODEL // **FMTM0826**

t8 TREADMILL

The t8 Treadmill and the iFIT Train Membership boast technology that puts results within your exerciser's reach. iFIT tracks performance and automatically adjusts the 12% incline to -3% decline range, and 0-12 MPH so every workout can be hands-free and personalized. The RunFlex™ cushioned deck mimics outdoor hiking, walking, running, and jogging, offering a unique indoor cardio experience.

FREEMOTION + iFIT



t8 TREADMILL

POWERED BY IFIT
iFIT brings its roster of iFIT Trainers and over 10,000 smart workouts and personalizes them to users' goals.

FROM WALKS TO ALL-OUT SPRINTS
Experience one of our fastest treadmills with a max speed of 12 MPH (5 minute-per-mile pace).

RUNFLEX™ CUSHIONING
RunFlex™ Cushioning is designed to absorb impact and provide stability to help you push for more in your training.

PIVOTING AND TILTING 24" HD TOUCHSCREEN
Turn the screen to always see your workout. Follow expert iFIT Trainers in workouts off the treadmill, including strength, yoga, HIIT, and more."

SMARTADJUST™
The t8 automatically matches the incline, decline, and speed of the iFIT workout. SmartAdjust™ takes it further and personalizes each workout to your fitness level based on adjustments you make.

12% INCLINE TO -3% DECLINE
12% incline to -3% decline supports your goals and training plans. Train for a 5K, marathon, long hikes, and more. The large decline to incline range helps you target more muscle groups to train your body to walk, jog, hike, and run for any distance or elevation.

SPEED & INCLINE SHORTCUTS
Quickly change speed and incline by tapping the preset shortcuts on the display.

HEALTH DATA IN ONE PLACE
iFIT syncs with Strava, Garmin, and Apple Health, so users' can store all of their fitness data in one place.

STREAMING SERVICES
With iFIT, you have access to streaming services directly on the 24" HD touchscreen. Pivot and tilt the screen for the perfect viewing angle, and work out to your favorite movies, shows, and music.

STAY COOL IN TOUGH MOMENTS
Exercisers can stay cool throughout their workout with a conveniently-located 3-Speed Fan, or they can select the AutoBreeze™ feature and enjoy a variable flow that responds to their pace.

SPECIFICATIONS

Display Type	24 in / 61 cm High-Definition Capacitive Touchscreen
Controls	Touchscreen, On-screen speed & incline shortcuts, Tactile speed & incline shortcuts
Workout Metrics	Speed, Incline, Distance, Vertical Meters, Calories, Calories/Hour, Heart Rate, Average Heart Rate, Pace, Elapsed Time, Time Remaining, Time Of Day
Number of Programs	Thousands of Global Workouts and Studio Classes with iFIT
Preset Programs	Limitless iFIT Training Options
Google Maps	Enabled
Content Languages	EN, CH, NL, FR, DE, IT, NW, RU, SP, PT
Connectivity	Ethernet or Wifi minimum: 10 Mbps per unit (Dedicated Ethernet recommended)
Audio Connections	Bluetooth Compatible
Drive Motor	4.25 CHP, 28.4 KV, Balanced
Deck	3/4" MDF, Black Phenolic, RunFlex Cushioning
Belt	22 x 60 in / 55.9 x 152 cm, 1 Ply, Quiet
Elevation System	-3% decline to +15% incline
Heart Rate Monitoring	Bluetooth heart rate monitor connectivity
Workout Fan	Fan with AutoBreeze
Accessory Charging	USB-C Charging Port
Transport Wheels	Front-mounted Transport Wheels
Unit Options	Imperial or metric
Maximum User Weight	400 lb / 181 kg
Step-up Height	10 in / 25.4 cm
Speed Range	0-12 mph / 0-19.3 kmh
Product Dimensions L x W x H	77.3 x 37 x 63.4 in 196.3 x 94 x 161 cm
Product Weight	271 lbs / 123 kg
Shipping Dimensions L x W x H	84 x 35 x 15 in 213.4 x 238.8 x 38.1 cm
Shipping Weight	322 lbs / 201.9 kg
Power Requirements U.S. & Canada	110-120 VAC, 15 Amp, Dedicated Circuit
Power Requirements International	220-240 VAC, 10 Amp, Dedicated Circuit
Warranties	Frame, Drive Motor || 7 Years Parts, Console, Labor || 3 Years International Labor || 1 Year Cosmetic & Wear || 6 Months

8 SERIES

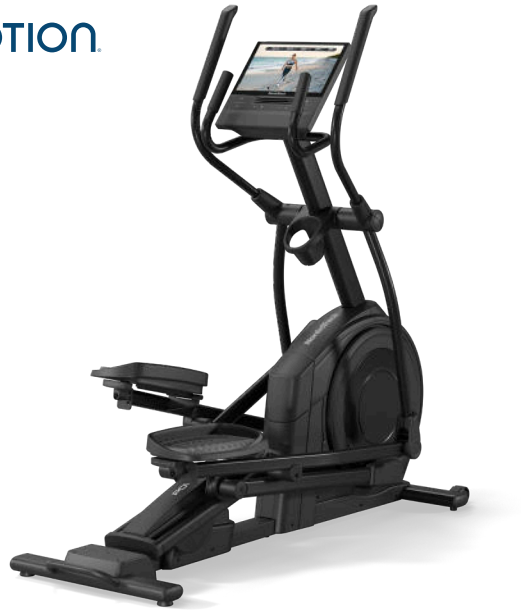


MODEL // **FMEL0826**

e8 ELLIPICAL

The e8 Elliptical and the iFIT Train Membership boast technology that puts results within users' reach. iFIT tracks performance and automatically changes the 15° incline to -5° decline range, and 26 resistance levels to exactly what they need, so every workout is personalized. The e8 Elliptical is designed to deliver a long range of motion with lower impact.

FREEMOTION



e8 ELLIPICAL

POWERED BY IFIT
iFIT brings its roster of iFIT Trainers and over 10,000 smart workouts and personalizes them to users' goals.

ULTIMATE TRAINING VARIETY
26 levels of digital resistance deliver the right workout for your clients. From recovery to high intensity, they can choose the digital resistance they need to match their goals.

CARDIO MEETS COMFORT
Hit your stride and push through each rotation on soft, oversized pedals that fit all foot sizes.

16" HD TOUCHSCREEN
The tilting 16" HD touchscreen allows users to adjust the viewing angle. Follow expert iFIT Trainers in workouts on and off the elliptical, including strength, yoga, HIIT, and more.

-5° TO 15° RAMP
Follow the real-life terrain and intensity of iFIT workouts with the -5° decline to 15° incline that this elliptical provides.

SMARTADJUST™ TECHNOLOGY
iFIT workouts incorporate SmartAdjust™ technology, which enables the AirGlide 16 to adjust speed & incline automatically throughout your trainer-led workouts. No guesswork; just get on and go.

INTEGRATED HANDLE CONTROLS
The handles have incline, decline, and resistance controls built into them. Keep your pace and control your workout without letting go.

STREAMING SERVICES
With iFIT, you have access to streaming services directly on the 16" HD touchscreen. Tilt the screen for the perfect viewing angle, and work out to your favorite movies, shows, and music.

CHART A COURSE
Powered by iFIT, Google Maps™ lets users map a route of their childhood hometown, the Boston Marathon course, and more as iFIT adjusts the machine's incline and decline to match the on-screen terrain.

HEALTH DATA IN ONE PLACE
iFIT syncs with Strava, Garmin, and Apple Health, so your members can store all of their fitness data in one place.

ON-THE-GO CHARGING
Convenient USB-C charging port for your community to power their devices while working out.

SPECIFICATIONS

Display Type	16 in / 61 cm Full Color Capacitive Touch Display Xenon
Controls	Touchscreen, Integrated handle controls
Number of Programs	Thousands of Global Workouts and Studio Classes with iFIT
Preset Programs	Limitless iFIT Training Options
Google Maps	Enabled
Content Languages	EN, CH, NL, FR, DE, IT, NW, RU, SP, PT
Internet Connection	Dedicated Ethernet - Cat 6
Ethernet Requirements	Cat 6 Preferred (Cat 5e or higher required)
WiFi Connection	2.4 / 5 GHz (Dedicated Ethernet Strongly Recommended)
WiFi Requirements	Dedicated 10 Mbps for each machine
Audio Connections	Bluetooth Compatible
Drive System	Front Drive
Crank & Axle	7/8" AXLE
Resistance System	SMR™ Silent Magnetic Resistance
Elevation System	-5% to +15% ramp
Heart Rate Monitoring	Bluetooth heart rate monitor connectivity
Workout Fan	Fan with AutoBreeze
Accessory Charging	USB-C Charging Port
Grips	Soft Touch Upper Body Grips
Positioning	Oversized Levelers
Transport Wheels	Front-mounted Transport Wheels
Unit Options	Imperial or metric
Maximum User Weight	400 lbs / 181 kg
Step-up Height	13.8 in / 35.1 cm
Maximum User Weight	400 lbs / 181 kg
Stride Length	19 in / 48 cm
Resistance Levels	26 Levels
Product Dimensions L x W x H	71 x 25 x 69 in 180.3 x 63.5 x 175.26 cm
Product Weight	220 lbs / 99.5 kg
Shipping Dimensions L x W x H	65.6 x 26 x 34.6 in 166.5 x 66 x 88 cm
Shipping Weight	257 lbs / 116.5 kg
Power Requirements U.S. & Canada	110-120 VAC, 20 Amp, Dedicated Circuit
Power Requirements International	220-240 VAC, 15 Amp, Dedicated Circuit
Warranties	Frame || 7 Years Parts || 3 Years Console ||3 Years Labor || 3 Year


FREEMOTION + iFIT
24 SERIES

FREEMOTION + iFIT

24 SERIES



MODEL // **FMEL2226**

e24 ELLIPTICAL

Deliver an engaging, total-body workout to your members with this ergonomically-enhanced, low-impact cardio solution. Burn more calories and get fit faster with less joint strain and improved balance and mobility.

FREEMOTION + iFIT



e24 ELLIPTICAL

HIGH-DEFINITION DISPLAY
Immerse yourself in visually stunning imagery while working out in exotic locations around the globe, or watch a favorite TV program on this high-definition 24in / 61cm capacitive touchscreen.

STREAM WHILE YOU SWEAT
We've added streaming services you can watch or listen to while working out. Catch up on your favorite shows while catching up on your cardio or listen to your favorite playlist for an added boost.

GLOBAL WORKOUTS
Explore the world without leaving the room with thousands of inspiring training videos beautifully filmed in stunning locations around the globe, including 40+ countries and all 7 continents. Your machine's resistance will even adjust to match the terrain and instructions of your coach.

AUTO-ADJUSTING TECHNOLOGY
Each interactive workout allows your coach to remotely adjust the resistance of your elliptical to mirror the on-screen content, creating an immersive and engaging training experience.

LOW IMPACT, TOTAL-BODY TRAINING
Give yourself a total-body exercise with the smooth-flowing motions of this redesigned cardio machine. Cross train your way to your fitness goals while treating your body to a low-impact, joint-friendly workout.

ACCESSIBLE AND ENGAGING SOLUTION
Participate in the high-intensity studio classes you've been wanting to attend but may not have felt comfortable joining because of equipment accessibility. With a 9.5 in / 24.1 cm step-up-height and ergonomically engineered 20 in / 50.8 cm stride, you have the equipment to thrive.

ON-THE-FLY ADJUSTMENTS
Override or adapt the programming to meet your needs by quickly adjusting the resistance with controls conveniently placed directly on the handlebars.

AUDIO-ENHANCED EXPERIENCE
Deeply immerse yourself in your workout with an enhanced audio experience when connecting via Bluetooth or headphone jack.

ADVANCED WORKOUT METRICS
Never lose sight of your personal fitness goals with real-time metrics that go beyond traditional feedback, leveraging heart rate, intensity, incline statistics, and more to measure and track your fitness journey.

EGYM

BEST-IN-CLASS EGYM INTEGRATION
EGYM Coach delivers personalized fitness plans that sync directly to your machine, combining intelligent Trainer Prescriptions with iFIT's rich workout library for a seamless, premium experience far beyond basic 3- or 5-star integrations.

SPECIFICATIONS

Display Type	24 in / 61 cm HD Capacitive Touchscreen
Resolution	FHD - 1920X1080 ("2k")
Controls	Touchscreen, On-handle Digital Controls
Workout Metrics	Speed, Incline, Distance, Vertical Meters, Calories, Calories/Hour, Heart Rate, Average Heart Rate, Pace, Elapsed Time, Time Remaining, Time of Day
Number of Programs	Thousands of Global Workouts and Studio Classes with iFIT
Preset Programs	Limitless iFIT Training Options
Google Maps	Enabled
Console Language(s)	English
Content Languages	EN, CH, NL, FR, DE, IT, NW, RU, SP, PT
Additional Options	Quick-start Manual Mode
TV Tuner	US & Canada: NTSC/ATSC, QAM, Pro Idiom, Set-Top Box Ready International: PAL B/G, PAL I, SECAM D/K, SECAM L, DVB-T, DVB-T2, DVB-C
Ethernet Requirements	Cat 6 Preferred (Cat 5e or higher required)
WiFi Requirements	Dedicated 10 Mbps for each machine
Video Connections	Coax, HDMI Input
Audio Connections	3.5 mm audio out, Bluetooth
Drive System	Quiet Belt Drive System, Hutchinson J10 Space-efficient rear drive
Crank & Axle	2 PC, 20 in / 50.8 cm Stroke
Pedals	Non-Skid Traction Control Pedals
Gear Ratio	8.85:1
Resistance System	400 Watt EMS Brake
Heart Rate Monitoring	Dual EKG Pulse Sensors, ANT+ and Polar Compatible
Accessory Charging	Wireless charging
Accessory Holder(s)	Water Bottle Holder, Secure Phone Holder
Grips	Soft touch upper body grips
Positioning	Large Adjustable Leveling Feet
Transport Wheels	3.3 in / 8.38 cm plastic wheels
Maximum User Weight	400 lb / 181 kg
Step-up Height	9.5 in / 24.1 cm
Stride Length	20 in / 50.8 cm stride length
Resistance Levels	1-24 Levels of Resistance
Product Dimensions L x W x H	87.2 x 28.5 x 68.5 in 221.5 x 72.3 x 174 cm
Product Weight	280.5 lbs / 127.2 kg
Shipping Dimensions L x W x H	91.3 x 26.2 x 33.1 in 232 x 66.5 x 84 cm
Shipping Weight	309.4 lbs / 140.3 kg
U.S. & Canada	Input 110~240V, Output 15V 3A
International	Input 110~240V, Output 15V 3A
Certifications	cTUVus, FCC/IC, BQB
High-Usage Warranties	Frame || 7 Years Parts & Console || 2 Years Labor || 1 Year Cosmetic & Wear || 6 Months

FREEMOTION + iFIT

24 SERIES



MODEL // **FMIT2226**

i24 INCLINE TRAINER

The iFIT-powered i24 Incline Trainer places your members' fitness experience at the center of its innovative design. With access to thousands of live and on-demand workouts, displayed on an impressive 24 in / 61 cm HD touchscreen, users can train with hundreds of top coaches in the world's most breathtaking destinations. The Incline Trainer delivers an engaging, immersive and interactive cardio experience that allows users to build muscle and burn calories faster, with less perceived exertion.

FREEMOTION + iFIT



i24 INCLINE TRAINER

HD TOUCHSCREEN WITH BUILT-IN TV TUNER
Uncompromised contrast and detail capture every nuance on this high definition 24 in / 61 cm touchscreen display, whether it's an iFIT workout filmed in breathtaking locations or a favorite TV program.

ENDLESS IFIT WORKOUTS
Access thousands of thrilling live and on-demand workouts led by top iFIT trainers filmed around the world. With iFIT filming new content in-studio and on all seven continents, workouts are always exciting and fresh.

TRAIN WITH THE ABSOLUTE BEST
More than 200 world-class iFIT trainers, coaches, professional athletes and decorated Olympians means your members will easily find the perfect partner who fits their interests, goals and personality.

EXPLORE THE WORLD
iFIT Global Workouts go beyond interactive fitness— they are also captivating educational experiences. iFIT trainers are both coaches and guides, sharing historical facts and information about some of the most fascinating destinations on Earth, keeping workouts immersive and engaging.

BURN CALORIES FASTER
With up to 30% incline and -3% decline, building more muscles and burning calories takes less time— and with less perceived exertion. Walking at 30% incline burns 3.6 times more calories than walking on a flat surface.

AUTO-ADJUSTING TECHNOLOGY
With interactive, connected technology, iFIT trainers can remotely adjust the incline, decline, and/or speed of the Incline Trainer to mirror the on-screen workout, creating an immersive and engaging experience.

DON'T SWEAT IT... TOO MUCH!
Your members can stay cool throughout their workout with a conveniently-located 3-Speed Fan, or they can select the AutoBreeze™ feature and enjoy a variable flow that responds to their pace.

1-STEP™ CONTROLS
The ideal incline trainer for a HIIT workout or functional training, with 1-STEP™ Controls, users can quickly adjust their speed, incline and/or decline with convenient console controls at the touch of a button.

EGYM

BEST-IN-CLASS EGYM INTEGRATION
EGYM Coach delivers personalized fitness plans that sync directly to your machine, combining intelligent Trainer Prescriptions with iFIT's rich workout library for a seamless, premium experience far beyond basic 3- or 5-star integrations.

SPECIFICATIONS

Display Type	24 in / 61 cm High-Definition Capacitive Touchscreen
Resolution	FHD - 1920X1080 ("2k")
Controls	Touchscreen, On-Handle, 1-STEP™ Touch Controls, Precision Quick Speed Controls
Workout Metrics	Speed, Incline, Distance, Vertical Meters, Calories, Calories/Hour, Heart Rate, Average Heart Rate, Pace, Elapsed Time, Time Remaining, Time Of Day
Number of Programs	Thousands of Global Workouts and Studio Classes with iFIT
Preset Programs	Limitless iFIT Training Options
Google Maps	Enabled
Console Language(s)	English
Content Languages	EN, CH, NL, FR, DE, IT, NW, RU, SP, PT
Ethernet Requirements	Cat 6 Preferred (Cat 5e or higher required)
WiFi Requirements	Dedicated 10 Mbps for each machine
Video Connections	Coax, HDMI Input
Audio Connections	3.5 mm Audio Out, Bluetooth
Drive Motor	Rear-mounted AC 5.0 CHP Commercial Drive Motor
Deck	1 in / 2.5 cm Double-sided, Cushioned Deck
Belt	21.5 x 60 in / 54.6 x 152 cm Double Layered Quiet Belt
Rollers	3.5 in Spin Balanced Rollers with Tapered Belt Guide
Elevation System	-3% decline to +30% incline
Heart Rate Monitoring	Dual EKG Pulse Sensors, ANT+, and Polar Compatible
Emergency Stop	Safety Key and Clip
Workout Fan	Adjustable CrossFlow™ 3-Speed, 8 in / 20.3 cm Fan with AutoBreeze™
Accessory Charging	Wireless charging
Positioning	Large adjustable leveling feet
Transport Wheels	Rear-mounted Transport Wheels and Front-mounted Retractable Swivel Casters
Color Options	Flat Black (Custom colors available upon request)
Unit Options	Imperial or metric
Maximum User Weight	400 lb / 181 kg
Step-up Height	15.5 in / 39.4 cm
Deck Height at 30%	27 in / 68.5 cm
Running Surface	21.5 x 60 in / 54.6 x 152 cm
Speed Range	0-15 mph / 0-24 km/h
Product Dimensions (L x W x H)	82 x 34.8 x 75.3 in 208.3 x 88.3 x 191.3 cm
Product Weight	750 lbs / 340.2 kg
Shipping Dimensions (L x W x H)	85 x 43 x 33.7 in 215.9 x 109.2 x 85.5 cm
Shipping Weight	780 lbs / 353.8 kg
U.S. & Canada	110-120 VAC, 20 Amp, Dedicated Circuit
International	220-240 VAC, 15 Amp, Dedicated Circuit
Certifications	cTUVus, FCC/IC, BQB
Warranties	Frame/Drive Motor || 7 Years Parts / Console || 2 Years Labor || 1 Year Cosmetic & Wear || 6 Months

FREEMOTION + iFIT

24 SERIES



MODEL // **FMRB2226**

r24 RECUMBENT BIKE

On content-driven cardio machines from Freemotion, your members can explore the world through thousands of coach-led workouts, right from the cardio floor. Powered by iFIT, the 24 SERIES keeps users engaged with vivid imagery, motivational coaching, and auto-adjusting technology that delivers an immersive and interactive cardio experience.

FREEMOTION + iFIT



r24 RECUMBENT BIKE

HIGH-DEFINITION DISPLAY
Immerse yourself in visually stunning imagery while working out in exotic locations around the globe, or watch a favorite TV program on this high-definition 24in / 61cm capacitive touchscreen.

STREAM WHILE YOU SWEAT
We've added streaming services you can watch or listen to while working out. Catch up on your favorite shows while logging the miles or listen to your favorite playlist for an added boost.

GLOBAL WORKOUTS
Explore the world without leaving the room with thousands of inspiring training videos beautifully filmed in stunning locations around the globe, including 40+ countries and all 7 continents. Your bike's resistance will even adjust to match the terrain and instructions of your coach.

AUTO-ADJUSTING TECHNOLOGY
Each interactive workout allows your coach to remotely adjust the resistance of your bike to mirror the on-screen content, creating an immersive and engaging training experience.

BACK-FRIENDLY CARDIO MACHINE
Experience the thrill of a breathtaking mountain ride or a high-energy studio class without compromising comfort. The ergonomic seat and Step-Thru™ design provide an accessible, convenient, and comfortable fitness solution.

ACCESSIBLE AND ENGAGING SOLUTION
Participate in the high-intensity studio classes you've been wanting to attend but may not have felt comfortable joining because of equipment accessibility. With a Step-Thru™ design and ergonomically engineered seat, you have the equipment to thrive.

ON-THE-FLY ADJUSTMENTS
Override or adapt the programming to meet your needs by quickly adjusting the resistance with controls conveniently placed directly on the handlebars.

KNOW YOUR ZONE
Get real-time data during your workout with built-in EKG grips, so you know when you're in the ideal heart-healthy zone. Also compatible with ANT+ and Polar®.

LOW-IMPACT CARDIO WORKOUT
Treat your joints to a low-impact cardio workout while engaging your muscles, heart, and mind in a stimulating and effective workout.

ADVANCED WORKOUT METRICS
Never lose sight of your personal fitness goals with real-time metrics that go beyond traditional feedback, leveraging heart rate, intensity, incline statistics, and more to measure and track your fitness journey.

EGYM

BEST-IN-CLASS EGYM INTEGRATION
EGYM Coach delivers personalized fitness plans that sync directly to your machine, combining intelligent Trainer Prescriptions with iFIT's rich workout library for a seamless, premium experience far beyond basic 3- or 5-star integrations.

SPECIFICATIONS

Display Type	24 in / 61 cm HD Capacitive Touchscreen
Resolution	FHD - 1920X1080 ("2k")
Controls	Touchscreen, On-handle Digital Controls
Workout Metrics	Speed, Incline, Distance, Calories, Calories/Hour, Heart Rate, Average Heart Rate, Pace, Elapsed Time, Time Remaining, Time of Day
Number of Programs	Thousands of Global Workouts and Studio Classes with iFIT
Preset Programs	Limitless iFIT Training Options
Google Maps	Enabled
Console Language(s)	English
Content Languages	EN, CH, NL, FR, DE, IT, NW, RU, SP, PT
Additional Options	Quick-Start Manual Mode
TV Tuner	US & Canada: NTSC/ATSC, QAM, Pro Idiom, Set-Top Box Ready International: PAL B/G, PAL I, SECAM D/K, SECAM L, DVB-T, DVB-T2, DVB-C"
Ethernet Requirements	Cat6 Preferred (Cat5e or higher required)
WiFi Requirements	Dedicated 10 Mbps for each machine
Video Connections	Coax, HDMI Input
Audio Connections	3.5 mm Audio Out, Bluetooth
Crank & Axle	3-Piece Crank
Drive Belt	Quiet Belt Drive System, Hutchinson
Pedals	Oversized, Adjustable Pedals
Resistance System	400 Watt EMS Brake Resistance System
Heart Rate Monitoring	Dual EKG Pulse Sensors, ANT+ and Polar Compatible
Accessory Charging	Wireless charging
Accessory Holder(s)	Dual Water Bottle Holders, Phone Holder
Grips	Soft touch, upper-body grips
Seat	Overmolded Quick Adjust Seat
Accessibility	Highly-Accessible Step-Thru™ Design
Positioning	Large Adjustable Leveling Feet
Transport Wheels	3 in / 5 cm plastic
Unit Options	Metric or Imperial
Maximum User Weight	400 lb / 181 kg
Resistance Levels	1-24 Levels of Resistance
Product Dimensions L x W x H	69 x 24.5 x 55 in 175.5 x 62.5 x 140 cm
Product Weight	219.5 lb / 99.6 kg
Shipping Dimensions L x W x H	68.7 x 17.7 x 30.2 in 174.4 x 44.9 x 76.7 cm
Shipping Weight	251.5 lb / 114 kg
U.S. & Canada	110-120 VAC, 2 Amp
International	220-240 VAC, 1 Amp
Certifications	cTUVus, FCC/IC, BQB
High-Usage Warranties	Frame || 7 Years Parts & Console || 2 Years Labor || 1 Year Cosmetic & Wear || 6 Months

FREEMOTION + iFIT

24 SERIES



MODEL // **FMTM2226**

t24 REFLEX™ TREADMILL

Your members' favorite REFLEX™ Treadmill just got upgraded! With many new features to enhance their experience, including a 24 in / 61 cm HD capacitive touchscreen enabled with iFIT, easier to access 1-STEP™ Controls for quick speed and incline changes, and a speed that goes up to 15 mph / 24 km/h. This treadmill still comes with its proprietary cushioning deck that reduces impact, allowing for a longer, stronger run.

FREEMOTION + iFIT



i24 REFLEX™ TREADMILL

HIGH-DEFINITION DISPLAY
Immerse yourself in visually stunning imagery while working out in exotic locations around the globe, or watch a favorite TV program on this high-definition 24 in / 61 cm capacitive touchscreen.

GLOBAL WORKOUTS
Explore the world without leaving the room with thousands of inspiring training videos beautifully filmed in stunning locations around the globe, including 40+ countries and all 7 continents. Your machine's incline will even adjust to match the terrain and instructions of your coach.

STREAM WHILE YOU SWEAT
We've added streaming services you can watch or listen to while working out. Catch up on your favorite shows while catching up on your step count or listen to your favorite playlist for an added boost.

AUTO-ADJUSTING TECHNOLOGY
Each interactive workout allows your coach to remotely adjust the incline or speed of your treadmill to mirror the on-screen content, creating an immersive and engaging training experience.

A SAFER, HEALTHIER RUNNING EXPERIENCE
Easier on hips, knees, and ankles, the REFLEX™ proprietary cushioning deck absorbs shock to help run longer and stronger. Providing a 52% greater reduction in tibial shock compared to flat surface running,* the REFLEX Deck is the longevity solution for walking or running.

IMPACT-REDUCING CUSHIONING
REFLEX Cushioning has shown to average a 29% greater reduction in impact force compared to running on competitor's treadmills.*

Train with confidence knowing the patented deck tech has also shown to average a 20.5% greater reduction in tibial shock compared to the competition.*

HIIT-FRIENDLY CARDIO
Great for HIIT sessions or anyone who doesn't want to continually tap the speed+ button, quickly adjust your speed or incline with the convenient 1-STEP™ Controls. If you're looking for a more precise speed or incline, hit two back-to-back. For example, pressing '2' and '5' will adjust the speed to 2.5 mph / km/h.

ADVANCED WORKOUT METRICS
Never lose sight of your personal fitness goals with real-time metrics that go beyond traditional feedback, leveraging heart rate, intensity, incline statistics, and more to measure and track your fitness journey.

EGYM

BEST-IN-CLASS EGYM INTEGRATION
EGYM Coach delivers personalized fitness plans that sync directly to your machine, combining intelligent Trainer Prescriptions with iFIT's rich workout library for a seamless, premium experience far beyond basic 3- or 5-star integrations.

*Based on a Freemotion commissioned university study comparing impact of running on a Freemotion REFLEX™ series treadmill, a Life Fitness 95TS, a Precor TRM 835, and flat surfaces.

SPECIFICATIONS

Display Type	24 in / 61 cm High-Definition Capacitive Touchscreen
Resolution	FHD - 1920x1080 ("2k")
Controls	1-STEP™ Incline Controls, 1-STEP™ Speed Controls, Precision Quick Speed Controls
Workout Metrics	Speed, Incline, Distance, Vertical Meters, Calories, Calories/Hour, Heart Rate, Average Heart Rate, Pace, Elapsed Time, Time Remaining, Time Of Day
Number of Programs	Thousands of Global Workouts and Studio Classes with iFIT
Preset Programs	Limitless iFIT Training Options
Google Maps	Enabled
Console Language(s)	English
Content Languages	EN, CH, NL, FR, DE, IT, NW, RU, SP, PT
TV Tuner	US & Canada: NTSC/ATSC, QAM, Pro Idiom, Set-Top Box Ready
Entertainment	International: PAL B/G, PAL I, SECAM D/K, SECAM L, DVB-T, DVB-T2, DVB-C
Ethernet Requirements	Cat 6 Preferred (Cat 5e or higher required)
WiFi Requirements	Dedicated 10 Mbps for each machine
Video Connections	Coax, HDMI Input
Audio Connections	3.5 mm Audio Out, Bluetooth
Drive Motor	AC 5.0 CHP Commercial Drive Motor
Deck	2-Sided REFLEX™ Deck with Durable Bumper with Progressive Support
Belt	21.5 x 60 in / 54.6 x 152 cm Double Layered Quiet Belt
Rollers	3.5 in / 8.89 cm Spin Balanced Rollers
Elevation System	0% to +15% incline
Heart Rate Monitoring	Dual EKG Pulse Sensors, ANT+ and Polar Compatible
Emergency Stop	Safety Key and Clip
Workout Fan	Adjustable CrossFlow™ 3-Speed, 8 in / 20.3 cm Fan with AutoBreeze™
Accessory Charging	Wireless charging
Positioning	Large Adjustable Leveling Feet
Transport Wheels	Front-Mounted
Color Options	Flat Black (Custom colors available upon request)
Unit Options	Imperial or Metric
Maximum User Weight	400 lb / 181 kg
Step-up Height	12 in / 30.5 cm
Running Surface	21.5 x 60 in / 54.6 x 152 cm
Speed Range	0-15 mph / 0-24 km/h
Product Dimensions L x W x H	87 x 34 x 66 in 221 x 86.3 x 167.6 cm
Product Weight	619 lb / 280.8 kg
Shipping Dimensions L x W x H	89 x 41 x 30 in 226 x 104.1 x 76.2 cm
Shipping Weight	649 lbs / 294.4 kg
U.S. & Canada	110-120 VAC, 20 Amp, Dedicated Circuit
International	220-240 VAC, 15 Amp, Dedicated Circuit
High-Usage Warranties	Frame || 7 Years Parts & Console || 2 Years Labor || 1 Year Cosmetic & Wear || 6 Months

FREEMOTION + iFIT



24 SERIES



MODEL // **FMUB2226**

u24 UPRIGHT BIKE

On content-driven cardio machines from Freemotion, your members can explore the world through thousands of coach-led workouts, right from the cardio floor. Powered by iFIT, the 24 SERIES keeps users engaged with vivid imagery, motivational coaching, and auto-adjusting technology that delivers an immersive and interactive cardio experience.

FREEMOTION + iFIT



u24 UPRIGHT BIKE

HIGH-DEFINITION DISPLAY
Immerse yourself in visually stunning imagery while working out in exotic locations around the globe, or watch a favorite TV program on this high-definition 24in / 61cm capacitive touchscreen.

STREAM WHILE YOU SWEAT
We've added streaming services you can watch or listen to while working out. Catch up on your favorite shows while logging the miles or listen to your favorite playlist for an added boost.

THOUSANDS OF COACH-LED WORKOUTS
Access an expansive library of on-demand workouts led by expert fitness coaches from around the world. Search or sort by location, trainer, exercise type, workout duration, intensity, and more!

GLOBAL WORKOUTS
Explore the world without leaving the room with thousands of inspiring training videos beautifully filmed in stunning locations around the globe, including 40+ countries and all 7 continents. Your bike's resistance will even adjust to match the terrain and instructions of your coach.

AUTO-ADJUSTING TECHNOLOGY
Each interactive workout allows your coach to remotely adjust the resistance of your bike to mirror the on-screen content, creating an immersive and engaging training experience.

CONSISTENT CYCLING SOLUTION
From the Quicklift™ Overmolded Seat to the Step-Thru™ design, this bike is poised to be your go-to cardio solution. Give yourself a consistent and efficient cardio experience by choosing between sitting down and starting to pedal or exploring the world with your favorite trainer through thousands of coach-led workouts.

ON-THE-FLY ADJUSTMENTS
Override or adapt the programming to meet your needs by quickly adjusting resistance with controls conveniently placed directly on the handlebars.

KNOW YOUR ZONE
Get real-time data during your workout with built-in EKG grips, so you know when you're in the ideal heart-healthy zone. Also compatible with ANT+ and Polar®.

LOW-IMPACT CARDIO WORKOUT
Treat your joints to a low-impact cardio workout while engaging your muscles, heart, and mind in a stimulating and effective workout.

ADVANCED WORKOUT METRICS
Never lose sight of your personal fitness goals with real-time metrics that go beyond traditional feedback, leveraging heart rate, intensity, incline statistics, and more to measure and track your fitness journey.

EGYM

BEST-IN-CLASS EGYM INTEGRATION
EGYM Coach delivers personalized fitness plans that sync directly to your machine, combining intelligent Trainer Prescriptions with iFIT's rich workout library for a seamless, premium experience far beyond basic 3- or 5-star integrations.

SPECIFICATIONS

Display Type	24 in / 61 cm HD Capacitive Touchscreen
Resolution	FHD - 1920X1080 ("2k")
Controls	Touchscreen, On-handle Digital Controls
Workout Metrics	Speed, Incline, Distance, Calories, Calories/Hour, Heart Rate, Average Heart Rate, Pace, Elapsed Time, Time Remaining, Time of Day
Number of Programs	Thousands of Global Workouts and Studio Classes with iFIT
Preset Programs	Limitless iFIT Training Options
Google Maps	Enabled
Console Language(s)	English
Content Languages	EN, CH, NL, FR, DE, IT, NW, RU, SP, PT
Additional Options	Quick-Start Manual Mode
TV Tuner	US & Canada: NTSC/ATSC, QAM, Pro Idiom, Set-Top Box Ready International: PAL B/G, PAL I, SECAM D/K, SECAM L, DVB-T, DVB-T2, DVB-C
Closed Captioning	CC1-4, TEXT 1-4
Ethernet Requirements	Cat6 Preferred (Cat5e or higher required)
WiFi Requirements	Dedicated 10 Mbps for each machine
Video Connections	Coax, HDMI Input
Audio Connections	3.5 mm Audio Out, Bluetooth
Crank & Axle	3-Piece Crank
Drive Belt	Quiet Belt Drive System, Hutchinson
Pedals	Oversized, Adjustable Pedals
Resistance System	400 Watt EMS Brake Resistance System
Heart Rate Monitoring	Dual EKG Pulse Sensors, ANT+ and Polar Compatible
Accessory Charging	Wireless charging
Accessory Holder(s)	Dual Water Bottle Holders, Phone Holder
Grips	Soft touch, upper-body grips
Seat	Overmolded Quick Adjust Seat
Accessibility	Highly-Accessible Step-Thru™ Design
Positioning	Large Adjustable Leveling Feet
Transport Wheels	2 in / 5 cm plastic
Unit Options	Metric or Imperial
Maximum User Weight	400 lb / 181 kg
Resistance Levels	1-24 Levels of Resistance
Product Dimensions L x W x H"	53 x 24 x 57.5 in 135 x 61 x 146 cm
Product Weight	172.9 lb / 78.4 kg
Shipping Dimensions L x W x H"	53 x 24 x 58 in 134.6 x 60.9 x 147.3 cm
Shipping Weight	206 lb / 93.4 kg
U.S. & Canada	110-120 VAC, 2 Amp
International	220-240 VAC, 1 Amp
Certifications	cTUVus, FCC/IC, BQB
High-Usage Warranties	Frame || 7 Years Parts & Console || 2 Years Labor || 1 Year Cosmetic & Wear || 6 Months

AKABA

akaba.mx